



WENDY HUTCHINSON
ALINEA LIFE COACHING

Wendy Hutchinson Bio

In 2010 I began a decade long journey back to myself. After raising two children with my husband, working, and running the gauntlet of endless deadlines, I realized I had lost myself in the process. The connection to myself was lost. I had no idea who I was anymore. This began a 10 year process of rediscovering who I AM which involved deep inner work and reflection. The Ego had to be peeled back in layers, I was humbled and forever changed. The process was emotionally painful but the outcome was nothing short of incredible.

Slowly, I brought back all the fractals of myself that I had so carelessly given away trying to make other people happy while dimming my light. Piece by piece I put myself back together on a soul level and as a Sovereign being. I use the word Sovereign because it embodies the complete empowerment of YOU, a knowing of who you are and why you are here. In this empowered space you bow to no one and honor yourself, your truth, and your soul. This process took years and I navigated it alone with no one to guide me or mentor me. I only had myself to rely on, which required deep faith in the path laid out before me and the courage to take the next step.

Having gone through this metamorphosis and transformation, I am able to assist those walking their own ascension path. This sacred work is done with no judgment in a completely safe space. I believe I had to walk alone to learn the lessons myself and now extend a hand to help others move through their process. As an Ascension Coach, Writer, and Public Speaker, I honored my desire to be in service to others by helping people align with their highest potential.

My mission is to inspire people to connect to their higher selves and trust their own intuitive guidance. I host a Podcast, "[*The Path of Me*](#)," which is offered on many platforms including but not limited to Spotify and Anchor.FM. I also have a video version of the show on my [YouTube Channel](#) under my name. We are all walking ourselves home, and it is my honor to guide and mentor those seeking higher ascension. These are the way showers and light workers who are feeling pulled to reconnect to themselves, do the healing work to raise their vibration and create what we would call Heaven on Earth.

I am published in The Elephant Journal, Sivana East, Medium, In5D, and [blog](#) on my website.

Facebook:

<https://www.facebook.com/wendy.hutchinson.50> and
<https://www.facebook.com/alinealifecoaching>

Podcast:

<https://anchor.fm/wendy-hutchinson>

YouTube show, "[*The Path of Me*](#)":

<https://www.youtube.com/channel/UCCDX-BxYVubb2iHaxYUU9aQ>

Website:

<http://www.alinealifecoaching.com/>
